



# Joining Instructions

**Niagara & Greater Toronto Area**

**Tri-Elemental ADA 2024/25**

**Canadian Forces Winona  
Ranges**





# NGTA ADA Winona 2024

NGTA  
Joining Instructions

## **SCOPE**

These Joining Instructions (JI) are for the Area Directed Activity (ADA) Fundamental Supported Day - **OPERATION: Winona 2024**. This activity is open to all cadets in the Niagara Greater Toronto Area (NGTA) and is hosted at Winona Ranges.

Each Cadet Corps/Squadron (CC/Sqn) has been designated a day on either the 21/22 Sep 24; 05/06, 19/20 Oct 24; or 02/03 Nov 24 to participate.

## **MISSION**

The aim of OPERATION: Winona 2024 is to provide cadets with a 'next-level' event under CAF Engagement, to participate in activities that reinforce CAF involvement and physical fitness. This event will see activities related training, some challenge activities, range opportunities. This event will be held rain or shine and everyone must be dressed for the environment.

## **OPERATION CRICKET CHALLENGE 2023 will be conducted :**

**Date:** 21/22 Sep 2024; 05/06 Oct 24; 19/20 Oct 2024; 02/03 Nov 2024

**Location:** 746 Winston Rd, Grimsby, ON L3M 4E8

**In-Routine:** Upon arrival at Winona Ranges

## **ATTENDANCE**

All cadets in NGTA have been given the opportunity to participate in this event and everyone is highly encouraged to attend. Cadets unable to attend must notify their CC/Sqn prior to the day they are scheduled to participate.

**Age:** Open to all cadets

**Registration:** Must be registered in Fortress to attend (CC/Sqn CO will be responsible for this action).

**Forms:** All cadets must have their Informed Consent forms

**Health:** All cadets must bring their original provincial health card

## **TRAINING**

A detailed training schedule is provided for all participants in Annex A.

## **DRESS / DEPARTMENT INSTRUCTIONS**

Sea STU

Army FTU

Air FTU

## **MEALS AND CANTEEN**

There will be no canteen available.

Cadets will be provided one meal (lunch) for their assigned day. Cadets may bring additional snacks if so desired to offset nutritional intake.

Cadets **MUST** bring a refillable water bottle.

## **TRANSPORTATION**

A detailed transportation plan for all participants are included in Annex C.

All transportation of cadets will be done in dress of the day and ready to move upon arrival.

### **MEDICAL AND DENTAL**

All participants will be in possession of their provincial health card and will be asked to show proof that it is in their possession upon arrival to the conference.

All medication and medical requirements shall be declared during the in-routine process

### **DRUG, ALCOHOL, AND SMOKING POLICIES**

As per CJCR orders, participants shall not bring, consume, or distribute drugs, alcohol, tobacco, marijuana, vaping, or non-prescription drugs.

Any infraction to these orders may result in the participant being sent home. Further discipline as directed by CATO 15-22 may be prescribed.

### **SUPERVISION AND DISCIPLINE**

Cadets will be traveling to and from their local corps/squadrons depending on the specific movement orders. Cadets are reminded to be properly dressed at all times and act accordingly.

Cadets attending training are subject to the Cadets and Junior Canadian Rangers Code of Conduct. By consenting to participate in this activity, they have accepted to conform to the orders and instructions issued by the OIC and their staff.

Cadets indulging in inappropriate behavior, violation(s) of rules/regulations or disrupting the learning experiences of others will be subject to a progressive disciplinary process. Continual poor behavior or serious breaches of discipline may result in the cadet being sent home ahead of schedule. Costs incurred as a result of early removal from the activity may be borne by the cadet's family and not DND.

### **ACTIVITY DETAILS**

Upon arrival at the training location, cadets will participate in a variety of activities based on their training year :

- a. Confidence course;
- b. CAF Engagement & range; and
- c. First Aid, Cam & Concealment, Field Movements, and Fitness.

### **HEALTH AND SAFETY**

All cadets can and should be expected to participate at their own pace of endurance.

While the event is a physical fitness event in line with the three aims of the Canadian Cadet Organizations (CCO), the safety of the cadet is paramount. Cadets are expected to participate, however, only at the rate of their endurance.

### **WEATHER**

This activity will be conducted in all weather conditions (rain, sun, snow, etc.), except in thunderstorms.

Everyone must dress for the weather and expect sudden changes in temperature and conditions.

### **OVERALL**

The OPERATION: Winona 2024 is a fun day of activities for all cadets in NGTA. Overall, cadets will meet new cadets, network, practice good team work, experience new CAF related experiences, provide feedback, and rely on their peers for experience based learning.

Cadets are expected to learn, engage, have fun, and provide insight into their own experiences.

Activity OIC	Capt Bradley Tucker	<a href="mailto:Bradley.Tucker@cadets.gc.ca">Bradley.Tucker@cadets.gc.ca</a>	289-681-1054
Activity Log O	Capt Steve Torok	<a href="mailto:Steve.Torok@cadets.gc.ca">Steve.Torok@cadets.gc.ca</a>	DM - Teams
Area OPI	Capt Richard Ferris	<a href="mailto:Richard.Ferris@forces.gfc.ca">Richard.Ferris@forces.gfc.ca</a>	DM - Teams

Ferris, R., CD  
Capt  
Area OPI

*Signed on behalf of:*

Landry, J., CD  
Maj  
Area OC

Annex A  
 To NGTA ADA Winona 2024

CC/SQN ALLOTTED DAY FOR ADA FUNDAMENTAL SUPPORTED DAY

21-Sep-24		22-Sep-24		19-Oct-24		20-Oct-24	
Tri-A1	1888 RCACC	Tri B1	2881 RCACC	Tri C1	105 RCACC	Tri D1	1188 RCACC
Tri A2	1888 RCACC	Tri B2	48 RCACC	Tri C2	105 RCACC	Tri D2	1188 RCAAC
Tri A3	337 RCACC	Tri B3	748 RCACC	Tri C3	105 RCACC	Tri D3	2990 RCACC
Tri A4	337 RCACC	Tri B4	876 RCACS	Tri C4	105 RCACC	Tri D4	2990 RCACC
Tri A5	166 RCACS	Tri B5	330 RCACS	Tri C5	2379 RCACC	Tri D5	540 RCACS
Tri A6	166 RCACS	Tri B6	330 RCACS	Tri C6	820 RCACS	Tri D6	540 RCACS
Tri A7	166 RCACS	Tri B7	631 RCACS	Tri C7	820 RCACS	Tri D7	540 RCACS
Tri A8	110 RCACS	Tri B8	631 RCACS	Tri C8	820 RCACS	Tri D8	540 RCACS
Tri A9	110 RCACS	Tri B9	883 RCACS	Tri C9	18 RCSCC	Tri D9	540 RCACS
Tri A10	110 RCACS	Tri B10	883 RCACS	Tri Ser C	62 RCACS	Tri D10	65 RCSCC
Tri A11	110 RCACS	Tri B11	883 RCACS			Tri D11	162 RCACC
Tri A12	176 RCSCC					Tri D12	162 RCACC
						Tri D13	162 RCACC

The activity will be conducted in all weather conditions (except thunderstorm) outdoors.

Annex B  
To NGTA ADA Winona 2024

DAILY SCHEDULE OF EVENTS

<b>CC/Sqn should be done prior to arriving</b>		
Register cadets in the Technical Training session in Fortress		
Print off CADET MEDICAL INFORMATION SUMMARY (From Fortress)		
Print off CADET'S CONTACT PERSON INFORMATION SUMMARY (From Fortress)		
Ensure all informed consent forms are signed		
Ensure all personnel are properly dressed for the weather and sports		

<b>DAILY SCHEDULE OF EVENTS</b>		
0800-0845	Travel / Arrival	LHQ (or pick up point) to CAF Trg Area Winona
0845-0900	Registration, briefing, admin	CAF Trg Area Winona
0900-1200	CAF Engage Activities / Confidence Course	CAF Trg Area Winona
1200 (*)	Lunch	CAF Trg Area Winona
1315-1545	CAF Engage Activities / Confidence Course	CAF Trg Area Winona
1545-1600	Rendezvous / Form up	CAF Trg Area Winona
1600-1615	Debrief	CAF Trg Area Winona
1615-1630	Load Busses / Departure	CAF Trg Area Winona to LHQ (or pick up point)

Annex C  
 To NGTA ADA Winona 2024

KIT LIST FOR CADETS

SECTION 1: TRAINING OR ACTIVITY DETAILS	
<b>Exercise</b> OPERATION: Winona 2024	<b>Location</b> CAF Trg Area Winona 746 Winston Rd, Grimsby, ON L3M 4E8
<b>Date(s)</b> 21/22 Sep 2024; 05/06 Oct 24; 19/20 Oct 2024; 02/03 Nov 2024	

SECTION 2: KIT LIST	
<b>Item(s) to bring</b>	
Provincial Health Card	1
Informed Consent Form	1
<b>Refillable Water bottle</b>	1
Backpack/day bag	1
<b>Item(s) to wear</b>	
FTU/STU (dress for the weather - activity will be conducted in rain, snow, or warm weather)	1
Jacket / Rain Gear (if desired)	1
Hat / Tilly	1

**SECTION 3: PROHIBITED**

The wearing or bringing of valuables, large amounts of money, jewelry, electronics, knives and attractive items are not allowed. Any personnel bringing such items shall be responsible for same. The event and facility will not be held responsible for lost/stolen/damaged items.

Alcohol, illegal/non-prescription drugs, drug paraphernalia, weapons, cigarettes, e-cigarettes/vaping, pornography or anything else deemed illicit are forbidden. Anyone in possession of, distributing, or using illicit items shall be RTU from the exercise at parents / guardians expense. If warranted, local police services shall be contacted.

**SECTION 4: NOTES**

**WEATHER:** The activity will be conducted in all weather conditions  
**HEALTH:** All medication and health card must be declared during In-Routine  
**MONEY:** Do not bring any money to this event  
**DRESS:** Everyone is encouraged to dress for the weather  
**CHANGING:** There will be limited change rooms at the training location. Porta-potties will be available for use by all attending personnel.  
**FOOD/DRINK:** This is a high caloric burning activity. Everyone is welcome to bring extra food and water. Please note, anything that a person brings will also have to be carried by them.

Cadets are encouraged to look for weather news NLT 3 days prior to their scheduled activity date.

**INFORMED CONSENT FOR CADET TRAINING ACTIVITY**  
**NGTA TRI-ELEMENTAL CAF FAMILIARIZATION ADA**

**THIS FORM MUST BE READ AND SIGNED BY EVERY CADET WHO WISHES TO PARTICIPATE IN THE CRICKET CONQUEST (SPORTS / FUN RUN); AS WELL AS BY A PARENT / GUARDIAN OF THE PARTICIPATING CADET.**

**Section 1 - Cadet Information**

<b>Last Name of Cadet:</b>	<b>First Name of Cadet:</b>
<b>Corps #:</b>	<b>Emergency Contact Name:</b> (must be available for the duration of the activity)
<b>Telephone:</b>	<b>Emergency Contact Number:</b> (must be available for the duration of the activity)

**Section 2 - Training / Activity Information**

<b>Cadet Training / Activities that will be conducted are:</b> C7 Famil., Physical Fitness, CAF Signals, Repelling, CAF Camo & Concealment, First Aid	
<b>Location of Training Activity:</b> CAF Training Area Winona	<b>Dates of Training Activity:</b> 21/22 Sep 2024; 05/06 Oct 24; 19/20 Oct 2024; 02/03 Nov 2024

**Section 3 - Parent/Guardian Consent (Please read carefully)**

I consent to the participation of my son/daughter/ward in the activity described on this form. I am aware that the training/activities which the cadet will participate in contains hazards, elements of danger and a level of risk that may result in injury. I understand that these injuries may occur simply due to the nature of the activity and can occur without any fault of the cadet or RCSU Central Officers. By reading page two (2) and signing this form I am aware of the potential associated hazards and the steps taken to mitigate them. I also confirm that the emergency contact person will be reachable via phone for the duration of the activity. I acknowledge that it is my responsibility to advise the Department of National Defence through the submission of a Detailed Health Questionnaire, of any medical or health concerns of my child/ward, which may affect his/her participation in the stated program or activity.

<b>Name of Parent/Guardian</b>	<b>Signature of Parent/Guardian</b>
--------------------------------	-------------------------------------

**Section 4 - Cadet Agreement (Read carefully and initial each paragraph)**

	Initials
This training/activity has been explained and illustrated to me to my satisfaction and I understand the nature, hazards and risks that are involved.	
I am aware that the activity in which I plan to participate contains a certain level of risk and that I may suffer personal and potentially serious injury due to an unforeseeable or fortuitous event.	
I pledge to abide by all the directions and instructions issued by the Officer In Charge, CIC/COATS staff, senior cadets, guides or other supervisors.	
<i>I hereby declare that I have understood each of the provisions of this agreement.</i>	
<b>Cadet Signature:</b>	<b>Date:</b>



## HAZARDS AND MITIGATION STRATEGIES

1. As with any training in an adventurous environment there is a degree of inherent risk associated with participation. The purpose of this information is to inform you of the potential risks associated with the cadet's participation in the training and steps that we have taken to minimize those risks.

2. Please note that this is not an exhaustive list and hazards not listed may occur on occasion. Corps/Squadron staff are well versed an assessing hazards as they occur and reacting as required.

HAZARD	LIKELIHOOD	SEVERITY	SAFETY MANAGEMENT STRATEGIES
Extreme Weather	Occasional	Minor to Severe	Check forecast; appropriate clothing & equipment; pacing to maintain warmth; carry emergency gear (stove, tarp, thermos etc.)
Athletic Injuries	Occasional	Minor to Severe	Begin training in easy terrain to lessen likelihood of falls; appropriate pacing; instructor coaching, appropriate teaching progression, warm up time
Trips, Falls, Collisions	Rare -Occasional	Minor to Severe	Advise cadets about dangerous terrain; control speed; keep tidy training area; discontinue involvement for participants who fail to obey
Falling objects (rocks, trees, equipment)	Rare -Occasional	Moderate to Severe	Assess overhead hazards, avoid areas of known hazard, alert group to hazard & implement management strategy if unavoidable
Falls from Height	Rare	Moderate to Severe	Cadets to remain a minimum of 2-3 body lengths from edges, drop offs etc.; careful route finding
Driving Accident	Rare	Minor to Severe	Keep vehicles in good repair; check road conditions; monitor cadet behaviour in vehicle, ensure driver is competent
Animal Encounter	Rare	Minor to Severe	Check alerts for area; provide information regarding animal encounters and controlling food in field; stick together as large group if dangerous animals are
Equipment Failure	Occasional	Minor to Severe	Use quality equipment; provide clear equipment list; check student equipment, carry repair kits, instruct on proper usage;
Allergic Reaction	Rare	Minor to Severe	Check medical limitations prior to trip; instruct cadet to carry Auto Injector for allergic reactions; First Aid trained staff;
Environmental Injuries (Heat / Cold Injuries)	Occasional	Minor to Severe	Self & staff instruction / monitoring; use proper clothing; appropriate pacing, carry emergency gear;
Lost Participant	Rare	Moderate to Severe	Keep group together; brief cadets on lost and alone procedures; regroup at junctions; have tail end sweep;

Annex E  
To NGTA ADA Winona 2024

DRESS INSTRUCTIONS FOR CADETS

Cadets are to be in FTU/STUs for this activity.

Cadets must dress for the weather and be prepared for typical October temperatures and considerations.

Annex F  
 To NGTA ADA Winona 2024

CADET CORPS / SQUADRON TRANSPORT PLAN

CC/Sqn	Bus Supervisor	Mode	Arrival		Departure		P/U & Drop Off Location
			Depart	ETA	Depart	ETA	
1888 RCACC	NCdt Ngo V	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	1888 LHQ
1888 RCACC	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	1888 LHQ
337 RCACC	2Lt Edwards E	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	337 LHQ
337 RCACC	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	337 LHQ
166 RCACS	OCdt McDonald L	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	166 LHQ
166 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	166 LHQ
166 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	166 LHQ
110 RCACS	Capt Lo M	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	110 LHQ
110 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	110 LHQ
110 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	110 LHQ
110 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	110 LHQ
176 RCSCC	A/SLt Hodder B	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	176 LHQ
2881 RCACC	Capt Facey C	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	2881 LHQ
48 RCACC	2Lt Edwards E	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	48 LHQ
748 RCACC	NCdt Ngo V	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	748 LHQ
876 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	876 LHQ
330 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	330 LHQ
330 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	330 LHQ
631 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	631 LHQ
631 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	631 LHQ
883 RCACS	Capt Lo M	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	883 LHQ
883 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	883 LHQ
883 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	883 LHQ
105 RCACC	Capt Lo M	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	105 LHQ
105 RCACC	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	105 LHQ
105 RCACC	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	105 LHQ
105 RCACC	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	105 LHQ
2379 RCACC	Capt Fowler S	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	2379 LHQ
820 RCACS	Capt Facey C	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	820 LHQ
820 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	820 LHQ
820 RCACS	Unit Staff	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	820 LHQ
18 RCSCC	CI Elliott J	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	18 LHQ
62 RCACS	N/A	Parental		830 hrs	1615 hrs		Parental PD&PP
1188 RCACC	Capt Lo M	Bus	700 hrs	830 hrs	1615 hrs	1730 hrs	1188 LHQ